

Your patient is talking about pain. You have the power to help.

Pain Management with Controlled Substances Optimizing Management– Minimizing Risk

PRESCRIPTION MONITORING PROGRAM (PMP)

Obtain your patient's
specific history of
prescriptions for all
controlled substance use



MISSION:

To promote the appropriate use of controlled substances for legitimate medical purposes while deterring the misuse, abuse, and diversion of controlled substances.



**WE HAVE:
EXTENSIVE PRESCRIPTION DATA
TO ASSIST YOU IN MAKING
TREATMENT DECISIONS**

**WHAT CAN YOU DO WITH
A PMP REPORT?**

A prescriber or pharmacist may indirectly discuss the information contained in the report with:

- The patient for whom the report was generated
- Another health care provider treating the patient
- The dispenser who dispensed the medications

While the information contained in the report may be discussed, a prescriber or pharmacist **may not give the actual report to anyone including the patient.** A patient over the age of eighteen may request their own report as can a prescriber or pharmacist in accordance with the law.

**WHAT SHOULD YOU DO WHEN
DIVERSION IS SUSPECTED?**

There is no requirement in Virginia law or regulation that requires a prescriber or pharmacist to report suspected criminal behavior based on information deduced from a PMP report. If a health care professional chooses to report this behavior, the PMP report may not be used as the basis for the complaint nor may a copy of the report be provided.

**PLEASE DISCUSS WITH YOUR PATIENTS
THE WAYS TO PROPERLY STORE AND
DISPOSE OF THEIR PRESCRIPTION
MEDICATIONS.**

For more information go to
[www.whitehousedrugpolicy.gov/
drugfact/factsht/proper_disposal.html](http://www.whitehousedrugpolicy.gov/drugfact/factsht/proper_disposal.html)

**WE HAVE:
AN ONLINE PAIN MANAGEMENT
CONTINUING EDUCATION
OFFERING**

**EQUIP YOURSELF TO OPTIMIZE
THE MANAGEMENT OF PAIN**

The Department of Health Professions advocates for provider education to optimize pain management and minimize prescription drug misuse. *Chronic Nonmalignant Pain Management* is an online curriculum that offers a case-based approach to pain management education and ongoing access to practice tools to assist providers in assessing, treating and monitoring for prescription drug misuse.

**WHO SHOULD COMPLETE
THE CURRICULUM?**

Any provider (physician, nurse, nurse practitioner, physician assistant, pharmacist, podiatrist, dentist, or other allied health professional) involved in chronic pain management.

HOW DO I ACCESS THE CURRICULUM?

Access through the Virginia Department of Health Professions website at www.dhp.virginia.gov: click "Virginia Prescription Monitoring Program" or access directly through www.paineducation.vcu.edu. When prompted, enter your Virginia license number and the case-sensitive access code "Virginia Pain"

SPONSORED BY THE VIRGINIA DEPARTMENT OF HEALTH PROFESSIONS THROUGH USE OF A FEDERAL GRANT AWARDED BY THE HAROLD ROGERS PRESCRIPTION DRUG MONITORING PROGRAM AND CREATED BY LEANNE M. YANNI, M.D. AND A TEAM OF FACULTY FROM THE VIRGINIA COMMONWEALTH UNIVERSITY SCHOOL OF MEDICINE.



SIGN UP PAGE:

<http://www.pmp.dhp.virginia.gov/pmpwebcenter>

Welcome to the Prescription Monitoring Program. – Please Login to Continue

Username: *

Password: *

Login

If you've lost your password, please contact the Administrator at:
Phone: 804-367-4566 Fax: 804-527-4470
or Email: pmp@dhp.virginia.gov

Not a User? Register to become a User.

HOW DO PROVIDERS OBTAIN THE PRESCRIPTION DATA?

Registered users can either enter a request online or fill out a request form and return it via fax to 804-527-4470. A report containing the patient's prescription history of controlled substances is made available online or sent back to the user via fax. For patients without any prescription records, a "no data was found" statement is sent to the requester.

WHERE DOES PMP GET THE INFORMATION?

Virginia pharmacies are required to report controlled substance prescriptions to the PMP at least twice monthly. The program also requires non-resident pharmacies to report dispensing of controlled substances to Virginia residents.

HOW IS PMP MOST OFTEN USED?

The PMP is a risk management tool for providers. Providers are generating thousands of requests each month. Typically, the data is used to determine a patient's treatment history. This helps minimize risk of duplicate prescriptions from other prescribers and/or pharmacies. It may also provide insight into potential illegal activity.

Feedback from providers on prescription monitoring tool:

“The PMP is the single most effective tool I use in my practice to ensure that the medications I prescribe are used to relieve human suffering – and not diverted for monetary or recreational purposes. I use it often in my practice.”

– A VIRGINIA PRACTITIONER

“The issues surrounding chronic pain management are quite complex and often involve the collaborative efforts of numerous health professionals. This program is an excellent training and educational resource that will hopefully encourage appropriate therapy and discourage abusive practices.”

– A VIRGINIA PHARMACIST





WE HAVE: ANNUAL CONFERENCES

Prescription Monitoring Program staff may speak at informational sessions for health provider groups. Annual State-wide conferences are also offered by PMP.

CONTACT US FOR MORE INFORMATION

Virginia Department of Health Professions
<http://www.dhp.virginia.gov>

FIND OUT MORE

Model Policy for the Use of Controlled Substances for the Treatment of Pain

http://www.dhp.virginia.gov/dhp_programs/pmp/docs/BOM%20GD%2085-24.doc

Drug Laws for Practitioners

<http://www.dhp.virginia.gov/medicine/default.htm>

Insurance Fraud as the Main Financier & Enabler of Drug Diversion

[www.InsuranceFraud.org](http://www.insurancefraud.org) insurance fraud plays a pivotal role in prescription drug diversion, costing insurers up to \$72.5 billion a year. Prescription drug diversion has few equals for sheer size, speed of growth, resistance to deterrence, harm to people from so many strata of society, and large costs to insurers.

DEA Office of Diversion Control

www.deadiversion.usdoj.gov

Locate substance abuse treatment services in Virginia:

www.dmhmrzas.virginia.gov/SVC-default.htm

National Association of Drug Diversion Investigators

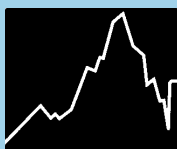
click on Virginia to view state activities

www.naddi.org

American Academy of Pain Management (AAPM)

<http://www.aapainmanage.org> provides graduate-level degree programs for health practitioners through distance learning.

<http://painfoundation.org> information clearinghouse and resource center for people with pain, their families and caregivers, the general public, healthcare professionals, policy makers, and the media



Virginia Department of Health Professions

Make informed treatment decisions

Sign up for the PMP to help minimize the risk of prescription drug misuse in Virginia

<http://www.dhp.virginia.gov>
(804) 367-4566

Prescription Monitoring Program
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